

**University of Connecticut  
Department of Educational Psychology**

# **Syllabus for EPSY 6302: Primary Prevention and Intervention in Schools and Education**

Instructor: **Dr. Jim O'Neil**  
Professor, Educational Psychology and  
Human Development & Family Studies  
University of Connecticut

Meets: Tuesday – 12:00 P.M. – 2:30 P.M. -  
Gentry 319

OFFICE: Gentry 329  
EMAIL: James.O'Neil@ uconn.edu  
[Jimoneil1@aol.com](mailto:Jimoneil1@aol.com)  
Phone: 860-486-4281 (w)  
860-644-4043 (h)  
Office Hours: By appointment  
Professional Web Page Address: http://

**Dr. Lisa Sanetti**, Assistant Professor, School Psychology Program, Department of Educational Psychology  
[Lisa.Sanetti@uconn.edu](mailto:Lisa.Sanetti@uconn.edu)

Dr. Brandi Simonsen, Assistant Professor, Special Education, Department of Educational Psychology  
Brandi.simonsen@uconn.edu

**Dr. Stephen Anderson**, Professor, Human Development & Family Studies  
Stephen.Anderson@uconn.edu

**Dr. Preston Britner**, Associate Professor , Human Development & Family Studies  
Preston.Britner@uconn.edu

**Carrie Graham, Husky Sport Program, University of Connecticut**

## Course Description:

**Team taught, survey course on the theory, practice, and science of primary prevention of human problems. Prevention concepts and case studies are presented by the faculty. Students give analysis and critique of course content and develop personal and professional perspectives on prevention practice and possible social policy initiatives.**

## **Course Objectives:**

1. To know the history of prevention over the last 40 years.
  2. To define primary prevention and social justice

3. To enumerate critical areas where prevention interventions are needed.
4. To define prevention science.
5. To enumerate some principles of prevention science.
6. To know the different models of prevention.
7. To know the preventive problem solving process.
8. To enumerate the essential skills of a preventionist.
9. To know how consultation relates to prevention.
10. To know the different models of consultation.
11. To know the different phases of the consultation and prevention process.
12. To know the different evaluation designs of prevention science.
13. To review and critique multiple prevention cases studies described in Albee and Gullota (1996).
14. To critique the concepts and case studies presented by the team teaching faculty.
15. To know the ethical, diversity, and social justice issues in developing and implementing preventive interventions.
16. To discuss how public policy initiatives can occur through prevention interventions.
17. To create a prevention proposal that could be implemented in the future.
18. To personalize the prevention course concepts and answer the question: Will prevention be a part of my personal and professional identity?
19. To evaluate the course.
20. To create additional goals as the course evolves.
21. To enjoy each other and the learning process.

### **Class Process and Structure**

There is a premeditated structure to the class that invites students to personalize the course concepts. This invitation is in the form of a question: Will prevention be part of my personal professional identity? Students should leave the course with sufficient knowledge to create and implement a prevention intervention on their own, although supervision may be warranted in some cases. Students' attitudes toward prevention and the course will be assessed through a needs assessment questionnaire. The needs assessment data will be used to structure the course. Furthermore, these data will be summarized for the students and faculty during the first class. The overall design of the course is to first establish the theoretical, scientific, and applied foundations of the course. **Seven core domains** of learning represent this foundation including: 1) Definitions of prevention and social justice, 2) Theoretical models to understand prevention, 3) Prevention science, 4) Consultative processes and skills employed in prevention, 5) Ethical issues and questions related to diversity and prevention, 6) Assessment and evaluation of prevention interventions, 7)

Student personalizing the course concepts. During the first five weeks, these domains of learning will be studied. Class time will be used for brief lectures, dialogue, discussion, and answering questions. The theoretical and applied foundation will be followed by seven lecturers who will either add more prevention concepts and /or describe their own prevention interventions. Students will use their emerging prevention knowledge in the seven domains to analyze the lecturer's ideas and prevention case studies. Students will demonstrate their knowledge of prevention through completing a take home exam/units and critiquing one prevention case study from Albee and Gullotta (1997). Finally, the students will create their own prevention intervention proposal, where they apply the course concepts to a problem they want to prevent (make a difference with). Students will present their prevention case studies during the last two weeks of class. Ideally, the learning would continue after the course is finished. Students could implement their prevention proposals, in a subsequent semester, by themselves or through a prevention practicum, under the supervision of a School of Family Studies faculty member.

## **Texts and Readings**

Albee, G.W. & Gullotta, T.P. (Eds.) (1997). Primary prevention works. Thousand Oaks, CA.: Sage Publications.

Readings are found on Electronic Reserve in Husky CT for EPSY 6302 (See reading list for each week on pages 4 - 9 and alphabetical listing on pages 13 - 15 of this syllabus).

## **How To Obtain the Readings**

There are four ways to obtain the readings:

1. Go to: HuckyCT.edu to log into EPSY 6302. If you have problems call the Learning Resource Center (486-1187).

## **CLASS SCHEDULE**

<b><u>Date</u></b>	<b><u>Topic, Readings, and Lecturer</u></b>
--------------------	---

**Jan. 19:** **Students Introductions, Course Contexts, Expectancies, Syllabus, Needs Assessment Data, What is prevention?**

**Lecturer: Dr. Jim O'Neil**

**Jan. 26: Social Justice, Prevention Training, Definition and History of Prevention**

**Lecturer: Dr. Jim O'Neil, Professor of Educational Psychology and Family Studies**

**Required Readings:**

**Training**

O'Neil, J.M. & Britner, P. A. (2009). Training primary preventionists to make a difference in people's lives. In M. Kenny, L.E Reese, A. Horne, P. Orpinas (Eds.) *Prevention: Promoting positive development and social justice*. Washington, D.C.: American Psychological Association.

Conyne, R.K. (1997). Educating students in preventive counseling. *Counselor Education and Supervision*, 36, 259-269.

## **History**

Foreword, Primary Prevention Works (Albee & Gullotta, 1997)

Introduction, Primary Prevention Works (Albee & Gullotta, 1997)

Albee, G.W. & Gullotta, T.P. (1997). Primary prevention's evolution. In G.W. Albee & T.P. Gullotta (Eds.) Primary prevention works (pp. 3-22).

## **Social Justice**

Shriburg, D., Bonner, M., Sarr, B.J., Walker, A.M., Hyland, M., Chester, C (2008). Social justice through a school psychology lens: Definition and applications. *School Psychology Review*, 37, 453-468.

Albee, G. W. (2006). Historical overview of primary prevention of psychopathology: Address to the 3<sup>rd</sup> World Conference on the promotion of mental health and prevention of mental and behavioral disorders September 15-17, 2004, Auckland, New Zealand. *The Journal of Primary Prevention*, 27, 449-456.

Albee, G.W. (2000). Commentary on prevention and Counseling Psychology. *The Counseling Psychologist*, 28, 845-853.

Vera, E.M., Buhin, L., & Isacco, A. (2009). The role of prevention in psychology's social justice agenda. In M. Kenny, A. Horne, P. Orpinas, L. Reese (Eds.) Realizing social justice: The Challenge of preventive interventions (pp. 79-96). Washington, D.C. : APA Books.

## **Recommended Readings:**

Governor John Rowland's Prevention Initiative for Youth  
<http://www.dmhas.state.ct.us/sig/initiative.htm>

Prevention Newsletter, Division 17 of American Psychological Association (Counseling Psychology), Prevention Section , #6, Summer, 2001.

Statewide Comprehensive Prevention Plan for Connecticut. Prepared by The State Prevention Council, January 2003, Office of Policy and Management, Hartford, CT.

## **Feb 2: Bloom's Frame of Reference for Primary Prevention, Albee's Incidence Formula, and Conyne's Prevention Model**

### **Readings:**

Bloom, M. (1996). Frame of reference for primary prevention practice. In M. Bloom Primary prevention practices (pp 1-23). Thousand Oaks, CA.: Sage Publications.

Conyne, R.K. (1994). Preventive counseling. *Counseling and Human Development*. 27, 1-10.

Gullotta, T.P. (1997). Operationalizing Albee's incidence formula. In G.W. Albee & T.P. Gullotta (Eds.) Primary prevention works (pp.23-37). Thousand Oaks, CA.: Sage Publications.

O'Neil, J.M. & Britner, P. A. (2009). Training primary preventionists to make a difference in people's lives. In M. Kenny, L.E Reese, A. Horne, P. Orpinas (Eds.) Prevention: Promoting positive development and social justice. Washington, D.C.: American Psychological Association. (**Review this chapter again**)

## **Feb. 9: Best Practice Guidelines, Culturally Relevant Prevention, Ethics & Prevention Science, Consultation as a Vehicle for Prevention,**

**Lecturer: Dr. Jim O'Neil, Professor of Family Studies & Educational Psychology**

### **Required Readings :**

Hage, S.M., Romano, J.L., Conyne, R.K., Kenny, M., Matthews, C., Schwartz, J.P., Waldo, M. (2007). Best practice guidelines on prevention practice, research, training, and social advocacy for psychologists. *The Counseling Psychologist*. 35, 493-566.

Reese, L. & Vera, E.M. (2007). Culturally relevant prevention: The scientific and practical considerations of community-based programs. *The Counseling Psychologist*, 35, 763-778.

Pope, K.S. (1990). Identifying and implementing ethical standards for primary prevention. *Prevention in Human Service*, 8, 2, 43-64.

Conoley, J.C. & Conoley, C.W. (1986). Consultation: What is it? Why do it? In J.C. Conoley & C.W. Conoley (Eds.) *School consultation: A guide to practice and training*. New York: Pergamon Press.

Lippitt, G. & Lippitt, R. (1986). Consultant roles. In G. Lippitt & R. Lippitt (eds.) *The consulting process in action*. San Diego, Ca.: University Associates, Inc.

O'Neil, J.M. Britner, P.A., Brown, I. Q., Holgerson, K., & Rohner, R.P. (2005). Psychological abuse in Family Studies: A psychoeducational and preventive approach. *Marriage and Family Review*, 38, 41-58.

### **Recommended Readings:**

Coie et al., (1993). The science of prevention: A conceptual framework and some directions for a national research program. *American Psychologist*. 48, 1013-1022.

Past Issues of the Journal of Primary Prevention

## **Feb 16 : Overview of Prevention in School Settings**

**Lecturer: Dr. Lisa Sanetti, Assistant Professor, School Psychology Program, Department of Educational Psychology**

### **Readings:**

Walker, H.M. & Shinn, M.R. (2002). Structuring school based interventions to achieve integrated primary, secondary, & tertiary prevention goals for safe and effective schools. In M.R. Shinn, H.M. Walker, G. Stoner (Eds.) *Interventions for academic and behavior problems II: Preventive and remedial approaches*, Bethesda, MD: NASP Publications.

Greenberg, M.T., Weissberg, R.P., O'Brien, M. U., Zins, J.E., Fredericks, L., Resnik, H., Elias, M.J. (2003). Enhancing school-based prevention and youth development through coordinated social, emotional, and academic learning. *American Psychologist*, 58, 466-474.

Kratochwill, T.R., Albers, C.A. & Shernof, E.S. (2004). School-based interventions. *Child and Adolescent Psychiatrics Clinics in North America*. 13, 885-903.

Vaugh, S., Wanzek, J., Woodruff, A.L., & Linan-Thompson, S. (2007). Prevention and early identification of students with reading disabilities. In D. Haager, J. Klingner, S. Vaughn (Eds.) Evidence-based reading practices for response to intervention. Baltimore, MD: Paul H. Brookes Publishing Co.

## **Feb. 23: Examples of Prevention and Consultation: Case Studies on Reducing Racism and Sexism in a University Setting**

### **TAKE HOME EXAM-UNITS TURNED IN**

**Lecturer: Dr. Jim O'Neil, Professor of Educational Psychology & Family Studies**

**Reading(s):**

Sue, D.W. (2005) Racism and the conspiracy of silence: Presidential address. *The Counseling Psychologist*, 33, 100-114.

O'Neil, J.M., Ohlde, C., Barke, C., Gelwick, B., & Garfield, N. (1980). Research on a workshop to reduce the effects of sexism and sex role stereotyping on women's career planning. *Journal of Counseling Psychology*, 27, 355-363.

O'Neil, J.M. & Conyne, R.K. (1992). Reducing racism and sexism in a university setting through organizational consultation. In R.K. Conyne & J.M. O'Neil (Eds.) *Organizational consultation: A casebook*. (pp. 146-183). Newbury Park, CA: Sage Publications.

## **March 2 : Striving to Achieve Nothing: Preventing Child Abuse and Neglect Through Parent Education & Home Visitation**

**Lecturer: Dr. Preston Britner, Associate Professor of Human Development & Family Studies, Educational Psychology, and Public Health**

**Readings:**

Reppucci, N. D., Britner, P. A. & Woolard, J. L. (1997). Introduction. In N. D. Reppucci, P. A. Britner, & J. L. Woolard (Eds.), *Preventing child abuse and neglect through parent education* (pp. 1-5). Baltimore, MD: Paul H. Brookes Publishing Company.

Reppucci, N. D., Britner, P. A. & Woolard, J. L. (1997). Evaluation for the prevention educator. In N. D. Reppucci, P. A. Britner, & J. L. Woolard (Eds.), *Preventing child abuse and neglect through parent education* (pp. 37-47). Baltimore, MD: Paul H. Brookes Publishing Company.

Russell, B. S., Britner, P. A., & Woolard, J. L. (2007). The promise of primary prevention home visiting programs: A review of potential outcomes. *Journal of Prevention & Intervention in the Community*, 34 (1/2), 129-147.

## **Youth Mentoring as a Prevention Strategy**

**Reading:**

Britner, P. A., & Kraimer-Rickaby, L. (in press). Mentoring and its role in promoting academic and social competency. In T. P. Gullotta & M. Bloom (Eds.), *A blueprint for promoting academic and social competence in after school programs*. New York: Springer.

## **March 9 : SPRING BREAK**

### **March 16: Prevention and Positive Behavioral Supports In Schools**

**Lecturer: Dr. Brandi Simonsen, Assistant Professor, Special Education Program, Department of Educational Psychology, University of Connecticut**

Sugai, G.& Horner, R.H. (2009). Responsiveness-to-intervention and school-wide positive behavior supports: Integration of multi-tiered system approaches. *Exceptionality*, 17, 223-237.

Turnbull, A., Edmonson, H. et al., (2002). A blueprint for schoolwide positive behavior support: Implementation of three components. *Council for Exceptional Children*. 68, 377-402.

### **March 23 Discussion of Emerging Prevention Proposals: Preparation in Class**

Students will come to class and present their initial ideas about their case studies and the questions and issues that are unresolved.

**Assignment:** Draft up an outline of your proposal using the outline on page 11 of the syllabus. Prepare a 10-15 minute summary for student reaction, critiques, and support. The class time will be devoted to help you develop and write these prevention proposals that are due five weeks later.

### **CASE STUDY ANALYSIS/CRITIQUES DUE**

March 30: To Be Determined As Semester Progresses

### **April 6: Prevention Evaluation**

**Lecturer: Dr. Stephen Anderson, Professor of Human Development & Family Studies**

Sabatelli, R.M., Anderson, S.A. & LaMotte, V.A. (2005) Assessing outcomes in youth programs: A practical handbook (Revised). State of Connecticut Office of Policy Management. Hartford, CT.

Flay et al., (2005). Standards of evidence: Criteria for efficacy, effectiveness, and dissemination. *Prevention Science*, 6, 3, 1511-1175.

Hamilton, J. & Bronte-Tinkew, J. (2007). Logic models in out-of-school time programs: What are they and why are they important? *Brief Research-to-Results Trends*, Publication # 2007-01.

### **April 13: Prevention and the Husky Sports Program**

**Lecturer: Carrie Graham, UCONN's Husky Sport Program, Program Coordinator, ISS-First Year Programs, Ryan Refectory, Unit 1109.**

**Readings: To be determined**

## **April 20: Student Presentations of their Prevention Case Study**

## **April 27: Student Presentations of their Prevention Case Study**

### **Primary Prevention Case Studies Proposals Due**

## **ASSIGNMENTS**

There are **four** assignments beyond the weekly readings and active class participation. They are described below:

**1. Take Home Exam/Units:** Students will answer questions related to the readings for the first five weeks of the class. This assignment insures that all students have an active prevention vocabulary and theoretical context to understand primary prevention. This assignment prepares the student to analyze and evaluate the individual lectures of the faculty from February 16 to April 13. Take Home Exam/Units will be dispersed during the first class and due on **February 23, 2010**. These papers are to be typed, double spaced, with readable font, using APA style of writing.

**2. Case Study Analysis/Critiques:** Students will analyze one case study from Albee & Gullotta's (1997) Primary Prevention Works. Students will select any of the case studies and critique it using the outline found on page 12 of this syllabus. This assignment is due March 23, 2010. These case studies are to be typed, double spaced, with readable font, using APA style of writing. Case studies should be no longer than 15 pages excluding references.

**3. Prevention Case Study Proposal :** The goal of the prevention case study proposal is to help students apply the conceptual information about prevention in a real or hypothetical prevention intervention. The generation of a prevention proposal is designed to be an opportunity for an integration and synthesis of the course content around a prevention topic that you have special interest. Students will create a preventive intervention using the course concepts that have been studied throughout the semester. Creative thinking and knowledge of the course concepts are required to complete a proposal that has depth and comprehensiveness. The outline for this case study is found on page 13 of the syllabus. Proposal should be typed, double-spaced, with readable font, using APA style of writing. Case studies are due **April 27, 2010**.

**4. Class Presentations:** The prevention case studies will be presented in class by each student on **April 20 and 27**. In addition to the written case study proposal, this case presentation is one of the major products of the course. These presentations provide students with additional examples of primary prevention and further application of the course concepts. The presentations should follow the 18 parts of the prevention proposal outline. Students will have 10 minutes (or more time depending on the class size) to present their prevention case studies. The number of minutes may be altered, contingent on the number of students in the class. This is both a formal and informal presentation. This means that you are expected to present your case study like a professional convention presentation but also to personalize your presentation, so that the listeners understand how the topic matters to you personally, professional, or politically. Using visual aids (transparencies, slides) and printed handouts are recommended to communicate your ideas.

## **Class Preparation and Participation**

The success of this course depends on both faculty and student preparation each week. To fully participate, students must read and study the assigned material and come to class ready to discuss the material and react to other people's ideas. There is really no substitute or short cut for not preparing each week. In small

seminars like this one, unprepared students are very transparent and discernible. If you have a legitimate reason for not being prepared (sickness, death in the family), let the instructor know your situation before class. Class participation also means your active/positive support of other student's ideas and respectful disagreement when your ideas are different from others. Disrespectful, overly competitive, and unprofessional exchanges are unacceptable in this class and will be publicly addressed when and if they happen.

### **Assignment Weights Related to Grading:**

Positive, Constructive, Relevant and Intelligent Class Participation:	5%
Take Home Exam/Units:	20%
Case Study Analysis/Critique	25%
Prevention Case Study Proposal	40%
Class Presentations	10%

### **Criteria for Assignment of Grades:**

Final grades will be earned, determined, and assigned from the four assignments and class participation described above using the following criteria:

1. Clarity of writing, thought, and speech.
2. Factual accuracy of writing, thought, speech.
3. Validation of ideas using theory, professional literature and empirical research.
4. Creativity of thought.
5. Capacity to generate new knowledge.
6. Synthetic and analytical nature of thought and writing.
7. Completion of assignments on due date.
8. Personalization of the course content.
9. Class preparation weekly
10. Constructive participation and involvement in the course
11. Contribution to other class members' learning, knowledge, and growth.
12. Positive and professional attitude toward learning.
13. Critical thinking about the course concepts.

### **Class Norms, Climate, and Process: Interpersonal Respect, Professionalism & Collegiality, Role Fulfillment**

How we interact with each other during our class is of critical importance in creating a cohesive and stimulating learning environment. Personal and intellectual differences, disagreements, and debates do not have to mean distance and dislike of any other person. I would offer the positive and negative correlates of student-faculty interaction as active behavioral norms for our class interaction. These correlates are attached on the next page. Three positive correlates are interpersonal respect, professionalism/collegiality, and role fulfillment. Three potential negative correlates are power, control, and competition. There are over 75 behavioral descriptors of student-faculty interaction in this table. Some of these behavioral descriptors can also be used to describe student-student interaction. Please study these behaviors and work with me to create a learning environment that is respectful, collegial, and something that we all can take pride in. If you have any serious conflicts/problems with the instructor/lecturers or any classmates, bring these issues to the instructor's attention, so we can constructively problem solve.

## **CASE STUDY ANALYSIS/CRITIQUE OUTLINE FOR CHAPTER(S) IN ALBEE AND GULLOTTA (1997)**

Below is an outline of what the case studies should cover. I am still working on the conceptualization of this outline and will let all students know if there are any changes made.

1. Author, Title of chapter in APA reference form.
2. Does this case study meet the definition of primary prevention (See Conyne, 1994, pp. 3-4) If so, why?
3. Does this intervention meet the criteria of a science based prevention program? (See class notes)
4. Describe the intervention using 1) Albee & Gullotta's (1997) categorization or dimensions of prevention (See pages 16-18 of Albee & Gullotta, 1997), 2) Bloom's (1996) configural (service oriented) model.
5. Summarize the justification for this preventive intervention from previous 1) theory, and 2) research.
6. Describe the "at risk" population or target group who received the intervention.
7. Describe the causal, structural, theoretical model or framework used to justify this intervention (if one exists).
8. What causal/structural model, stages, steps, phases, or sequential processes did this intervention follow?
9. Briefly describe the content of the intervention. What was done to the at risk target or populations?
10. Describe the process and method of the intervention. Who did what, to whom, under what circumstances?
11. What roles did the preventionist function in? (See chapter in Lippitt & Lippitt, 1986)
12. List and describe the skills employed in this intervention (See Conyne, 1997).
13. Describe the evaluation, research, and scientific design of this intervention to assess the intervention's outcome, impact, effectiveness, and results.
14. Were there any problems, resistances, or barriers to implementing the intervention discussed in the chapter or that are apparent to you.
15. Summarize the results of this intervention.
16. Describe any ethical issues that were part of this intervention (see Pope, 1990 or any professional Ethical Standards).
17. Were there any exiting, termination, or closure issues addressed in the chapter?
18. Enumerate and discuss any public policy issues that emanate from this case study.
19. State any unresolved questions you have about this case study.
20. Provide a summary of what it was like to do this critique/analysis of this case study.

## **PREVENTION PROPOSAL OUTLINE**

Below is an outline of the prevention proposal. I am still working on the conceptualization of this proposal outline and will let all students know if any further changes are made.

1. Title of the prevention proposal.
2. Describe the specific problem that you want to prevent
3. Justify this preventive intervention, using past theory, research, and professional literature.
4. Using Bloom's Preorienting phase of awareness, provide a summary of the : 1) positive and negative issues with this prevention problem, 2) the contextual issues to be considered, 3) any ethical issues that are relevant to the intervention.
5. Briefly describe the overall problem you want to present. Describe the "at risk" population or target group who will receive the intervention. Describe this problem using 1) Albee and Gullota's (1997) categories or dimensions of prevention, 2) Bloom's (1996) configural (service oriented) model.
6. Summarize the previous theoretical and empirical literature that justifies expenditure of resources to implement this prevention intervention.
7. Create a causal, structural, theoretical model or framework to justify your preventive intervention. Diagram your model or framework.
8. Describe the content of the intervention. What was done to the "at risk" target or population. Include any materials to be used in your intervention as an appendix.
9. Describe the methodology and process of the intervention. Who did what, to who, under what circumstances? Include all measures and materials used in an appendix.
10. Describe the expected roles you will assume with the intervention (See Lippitt & Lippitt, 1986)
11. Describe the skill needed to implement this intervention. Discuss these skills in the context of your conceptual model described in number 7.
12. Describe the evaluation, research, or scientific design of your intervention and ways to assess outcomes, impact, effectiveness, and results.
13. Describe what outcomes you are hoping for in the most positive sense.
14. Estimate any problems, barriers, and resistance that you expect from implementing your intervention.
15. Describe any ethical or professional issues to consider as you exit, terminate, and bring closure to your intervention. Describe any post project responsibilities.
16. Discuss any likely public policy statements that could come from your prevention intervention.
17. Discuss how likely it is that you will implement this prevention proposal.
18. Provide a summary of what it was like for you to write this proposal.

## **Alphabetical Listing of Readings on HUSKY CT and Paper Reserve**

Albee, G. W. (2006). Historical overview of primary prevention of psychopathology: Address to the 3<sup>rd</sup> World Conference on the promotion of mental health and prevention of mental and behavioral disorders September 15-17, 2004, Auckland, New Zealand. *The Journal of Primary Prevention*, 27, 449-456.

Albee, G.W. (2000). Commentary on prevention and Counseling Psychology. *The Counseling Psychologist*, 28, 845-853.

Bothell, J. Mulroy, M.T. & Gaudio, M. (2000). Public service and public health: A university/government collaboration to prevent childhood lead poisoning. *Journal of Higher Education, Outreach, and Engagement*. 6, 31-39.

Becker, M.H. (1986). The tyranny of health promotion. *Public Health Reviews*. 14, 15-25.

Bloom, M. (1996). Frame of reference for primary prevention practice. In M. Bloom *Primary prevention practices* (pp 1-23). Thousand Oaks, CA.: Sage Publications.

Britner, P. A., & Kraimer-Rickaby, L. (in press). Mentoring and its role in promoting academic and social competency. In T. P. Gullotta & M. Bloom (Eds.), *A blueprint for promoting academic and social competence in after school programs*. New York: Springer.

Coie et al., (1993). The science of prevention: A conceptual framework and some directions for a national research program. *American Psychologist*. 48, 1013-1022.

Connecticut Certification Board Inc. Prevention Professional Certification: □ HYPERLINK  
<http://www.ccb-inc.org/ccbprev.html> □ <http://www.ccb-inc.org/ccbprev.html> □

Conoley, J.C. & Conoley, C.W. (1986). Consultation: What is it? Why do it? In J.C. Conoley & C.W. Conoley (Eds.) *School consultation: A guide to practice and training*. New York: Pergamon Press.

Conyne, R.K. (1997). Educating students in preventive counseling. *Counselor Education and Supervision*, 36, 259-269.

Conyne, R.K. (1999). Preventive counseling. *Counseling and Human Development*. 27, 1-10.

Crawford, R. (1997). Individual responsibilities and health politics. In P. Conrad & R. Kern (Eds.) *The sociology of health and illness: Critical perspectives*. New York: St. Martin Press.

Flay et al., (2005). Standards of evidence: Criteria for efficacy, effectiveness, and dissemination. *Prevention Science*, 6, 3, 1511-1175.

Governor John Rowland's Prevention Initiative for Youth: □ HYPERLINK  
<http://www.dmhas.state.ct.us/sig/initiative.htm> □ <http://www.dmhas.state.ct.us/sig/initiative.htm> □

Greenberg, M.T., Weissberg, R.P., O'Brien, M. U., Zins, J.E., Fredericks, L., Resnik, H., Elias, M.J. (2003). Enhancing school-based prevention and youth development through coordinated social, emotional, and academic learning. *American Psychologist*, 58, 466-474.

Hage, S.M., Romano, J.L., Conyne, R.K., Kenny, M., Matthews, C., Schwartz, J.P., Waldo, M. (2007). Best practice guidelines on prevention practice, research, training, and social advocacy for psychologists. *The Counseling Psychologist*. 35, 493-566.

Journal of Primary Prevention, copies to be handed out in class

Klein, W.C. & Bloom, M. (1997). Preventing individual limitations/problems. In W.C. Klein & M. Bloom (Eds.) Successful aging: Strategies for healthy living (pp. 99-155). New York: Plenum.

Klein, W.C. & Bloom, M. (1997). Primary prevention for helping professionals working with the new senior populations. In W.C. Klein & M. Bloom (Eds.) Successful aging: Strategies for healthy living (pp. 1-19). New York: Plenum.

Klein, W.C. (2003). The prevention of problems with the use and misuse of alcohol among older persons. In T. P. Gullotta & M. Bloom (Eds.) Encyclopedia of primary prevention and health promotion. (pp. 593-599). New York: Kluwer Academic/Plenum Publishers.

Knowles, J.H. (1997). The responsibility of the individual. In P. Conrad & R. Kern (Eds.) The sociology of health and illness: Critical perspectives. New York: St. Martin Press.

Kratochwill, T.R., Albers, C.A. & Shernof, E.S. (2004). School-based interventions. *Child and Adolescent Psychiatric Clinics in North America*. 13, 885-903.

Link, B.G. & Phelan, J. (1995). Social conditions as fundamental cause of disease. Journal of Health and Social Behavior, Extra Issue, 80-94.

Lippitt, G. & Lippitt, R. (1986). Consultant roles. In G. Lippitt & R. Lippitt (eds.) The consulting process in action. San Diego, Ca.: University Associates, Inc.

Ma, Grace Xuequin & Henderson, G. (1999). Ethnicity and health care. In G.X. Ma & G. Henderson (Eds.) Rethinking ethnicity and health care: A sociocultural perspective. Springfield, MA: Charles Thomas Publishers.

McKinlay, J.B. A case for refocusing upstream: The political economy of illness. In P. Conrad & R. Kern (Eds.) The sociology of health and illness: Critical perspectives. New York: St. Martin Press.

Minkler, M., Schaufler, H., Clements-Nolle, K. (2000). Health promotion for older Americans in the 21<sup>st</sup> century. American Journal of Health Promotion, 14, 371-379.

Mulroy, M. (2005) Building family futures prospectus: A parenting education train-the-trainer program University of Connecticut Healthy Environments for Children Initiative, Department of Human Development & Family Studies, University of Connecticut, Storrs, CT.

O'Neil, J.M. & Britner, P. A. (2009). Training primary preventionists to make a difference in people's lives. In M. Kenny, L. Reese, A. Horne, & P. Orpinas (Eds.) Prevention: Promoting positive development and social justice. Washington, D.C.: American Psychological Association Books.

O'Neil, J.M. Britner, P.A., Brown, I. Q., Holgerson, K., & Rohner, R.P. (2005). Psychological abuse in Family Studies: A psychoeducational and preventive approach. *Marriage and Family Review*, 38, 41-58.

O'Neil, J.M. & Conyne, R.K. (1992). Reducing racism and sexism in a university setting through organizational consultation. In R.K. Conyne & J.M. O'Neil (Eds.) Organizational consultation: A casebook. (pp. 146-183). Newbury park, CA: Sage Publications.

O'Neil, J.M., Ohlde, C., Barke, C., Gelwick, B., & Garfield, N. (1980). Research on a workshop to reduce the effects of sexism and sex role stereotyping on women's career planning. *Journal of Counseling Psychology*, 27, 355-363.

Olds, D. (1997). The prenatal/early infancy project: Fifteen years later In G.W. Albee & T.P. Gullotta (Eds.) Primary prevention works. (pp. 41-67). Thousand Oaks, CA.: Sage Publications.

Pope, K.S. (1990). Identifying and implementing ethical standards for primary prevention. *Prevention in Human Service*, 8, 2, 43-64.

Prevention Newsletter, Division 17 of American Psychological Association (Counseling Psychology), Prevention Section, #6, Summer, 2001.

Reppucci, N.D., Britner, P.A. & Woolard, J.L. (1997). Evaluation for the prevention educator. In N.D. Reppucci, P.A. Britner, & J.L. Woolard (Eds.) Preventing child abuse and neglect through parent education. (p.37-47). Baltimore, MD: Paul H. Brookes Publishing Company.

Reppucci, N.D., Britner, P.A. & Woolard, J.L. (1997). Introduction. In N.D. Reppucci, P.A. Britner, & J.L. Woolard (Eds.) Preventing child abuse and neglect through parent education. (p.15). Baltimore, MD: Paul H. Brookes Publishing Company.

Reese, L. & Vera, E.M. (2007). Culturally relevant prevention: The scientific and practical considerations of community-based programs. *The Counseling Psychologist*, 35, 763-778.

Russell, B. S., Britner, P. A., & Woolard, J. L. (2007). The promise of primary prevention home visiting programs: A review of potential outcomes. *Journal of Prevention & Intervention in the Community*, 34 (1/2), 129-147

Sabatelli, R.M., Anderson, S.A. & LaMotte, V.A. (2005) Assessing outcomes in youth programs: A practical handbook (Revised). State of Connecticut Office of Policy Management. Hartford, CT.

Sheehan, N. W. (2003). Primary prevention and health promotion: Considerations for senior housing. In T.P. Gullotta & M. Bloom (Eds.) Encyclopedia of Primary Prevention and health promotion. (pp. 593-599). New York: Kluwer Academic/Plenum Publishers.

Sue, D.W. (2005) Racism and the conspiracy of silence: Presidential address. *The Counseling Psychologist*, 33, 100-114.

Super, C.M. & Harkness, S. (1994). Temperament and the developmental niche. In W.B. Carey & S.C. McDevitt (Eds.) Prevention and early intervention: Individual differences as risk factors for the mental health of children. (pp.115-125). New York: Brunner/Mazel.

Super, C.M. & Harkness, S. (1999). The environment as culture in developmental research. In S.L. Friedman & T.D. Wachs (Eds.) Measuring environment across the life span. (pp. 279-323). Washington, D.C.: American Psychological Association

The Policy Institute for Family Impact Seminar Home Page: <http://www.uwex.edu/ees/familtimpact.htm>

Vaugh, S., Wanzek, J., Woodruff, A.L., & Linan-Thompson, S. (2007). Prevention and early identification of students with reading disabilities. In D. Haager, J. Klingner, S. Vaughn (Eds.) Evidence-based reading practices for response to intervention. Baltimore, MD: Paul H. Brookes Publishing Co.

Walker, H.M. & Shinn, M.R. (2002). Structuring school based interventions to achieve integrated primary, secondary, & tertiary prevention goals for safe and effective schools. In M.R. Shinn, H.M.

Walker, G. Stoner (Eds.) *Interventions for academic and behavior problems II: Preventive and remedial approaches*, Bethesda, MD: NASP Publications.

Williams, D., Lavizzo-Mourey, R., & Warren, R. (1999). Race in health of America. In G.X. Ma & G. Henderson (Eds.) *Rethinking ethnicity and health care: A sociocultural perspective*. Springfield, MA: Charles Thomas Publishers.

Winter, M.M. & McDonald, D.S. (1997). Parents as teachers: Investing in beginnings for children. In G.W. Albee & T.P. Gullota (Eds.) *Primary prevention works*. (pp.119-145). Thousand Oaks, CA.: Sage Publications.

Wisensale, S.K. & Waldron, R.J. (1991). Applying the family impact statement to DRG's: Implications for future policymaking. *Lifestyles: Family and Economic Issues*. 12(1), 89-101.

Wisensale, S.K. (1994). *Family impact analysis: A handbook for policy and practice*. (pp 1-4).University of Connecticut Cooperative Extension System, Storrs, CT.

Wisensale, S.K. (1999). Partnering with the state legislature: Connecticut's family impact seminar. In T.R. Chibucos & R.M. Lerner (Eds.) *Serving children and families through community-university partnerships: Success stories*. (pp.43-46). Boston: Kluwer Academic Publishers.

Wisensale, S.K. (1996). Youth violence: The role of families, schools, and communities. *University of Connecticut Family Impact Seminar Policy Paper*. Presented at the Legislative Office Building, December, 1996, Hartford, CT.

## **A Short But Emerging Bibliography on Prevention and Consultation**

Albee, G.W. (1998). The politics of primary prevention. *The Journal of Primary Prevention*. 19, 117-127.

Albee, G.W. & Joffe, J.M. (1997). *The issues: An overview of primary prevention*. Hanover,N.H.: University of New England.

Blake, R.R. & Mouton, J.S. (1983). *Consultation: A handbook for individual and organizational development*. Reading, MA.: Addison-Wesley Publishing Company.

Bloom, M. (1981). *Primary prevention: The possible science*. Englewood Cliffs, N.J.: Prentice Hall Inc.

Bloom, M. (2003) (Ed.) *Encyclopedia of Primary Prevention and Health Promotion*. New York: Kluwer, Academic/Plenum Publishers).

Bloom, M. (2000). Twenty years of *The Journal of Primary Prevention*: A collage. *The Journal of Primary Prevention*. 20, 189-255.

Brown, D. Pryzwansky, W.B. & Schulte, A.C. (1998). *Psychological consultation: Introduction to theory and practice*. Boston, MA.: Allyn and Bacon.

Bond, L.A. & Albee, G.W. (1990). Training preventionists in ethical implications of their actions. *Prevention in Human Services*. 8, 111-126.

Conyne, R.K. (1987). *Primary preventive counseling: Empowering people and systems*. Muncie, IN: Accelerated Development, Inc.

Conyne, R.K. & O'Neil, J.M. (1992). Organizational consultation: A casebook. Newbury Park, CA.: Sage Publications.

Dinkmeyer, D. & Carlson, J. (2001). Consultation: Creating school-based interventions. Ann Arbor, MI.: Sheridan Books.

Dougherty, A.M. (1990). Consultation, practice, and perspectives. Pacific Grove, CA.: Brooks/Cole Publishing Co.

Edelstein, B.A. & Michelson, L.L. (1986). Handbook of prevention. New York: Plenum Press.

Ethical Implication of Primary Prevention (1990) (Whole Issue). 8, Prevention in Human Services.

Felner, R.D., Jason, L.A., Mortitsugu, J.N. & Farber, S.S. (1983). Preventive psychology: Theory, research, and practice. New York: Pergamon Press.

Gullotta, T. P. & Bloom, M. (2003). Encyclopedia of primary prevention and health promotion. New York: Kluwer Academic/Plenum Publishers.

Joffe, J.M. & Albee, G.W. (1981). Prevention through political action and social change. Hanover, N.H.: University Press of New England.

Parson, R.D. The skilled consultant: A systematic approach to the theory and practice of consultation. Needham Heights, MA.: Allyn & Bacon.

Romano, J.L. & Hage, S.M. (2000). Prevention in Counseling Psychology. The Counseling Psychologist. 28, 6, 733-856.

Romano, J.L. & Hage, S.M. (2000). Prevention and counseling psychology: Revitalizing commitments for the 21<sup>st</sup> century. The Counseling Psychologist. 28, 733-763.

Wallace, W.A. & Hall, D.L. (1996). Psychological consultation: Perspectives and applications. Pacific Grove, CA.: Brooks/Cole Publishing Company.

## **Relevant Journals Related to Prevention:**

Journal of Primary Prevention  
<http://www.wkap.nl/journalhome.htm/0278-095X>

American Journal of Community Psychology

Prevention in Human Services

Applied & Preventive Psychology

Journal of Prevention and Intervention in the Community

Journal of HIV/AIDS Prevention & Education in the Community

## **Relevant Web Pages:**

University of Wisconsin Prevention Program  
<http://PREVENTIONSCIENCE.WISC.EDU/INDEX.HTM>

Prevention Online (SAMHSA, Substance Abuse)  
 HYPERLINK <http://www.health.org/>

Division 17 of APA (Counseling Psychology) Prevention Section Listserve  
join-prev-counpsy@listserve.uwstout.edu

International Society for the Prevention of Child Abuse & Neglect  
 HYPERLINK <http://www.ispcan.org/>

Connect for Kids  
 HYPERLINK <http://www.connectfor>  <http://www.connectforkids.org/>

Resources for Methods in Evaluation and Social Research  
 HYPERLINK <http://gsociology.icaap.org/method>  <http://gsociology.icaap.org/method>

American Association of Applied and Preventive Psychology  
 HYPERLINK <http://w3fp.arizona.edu/aaapp>  <http://w3fp.arizona.edu/aaapp>

National Institutes of Health Office of Prevention  
 HYPERLINK <http://www.nih.gov/grants/grantinfo2.chm>  <http://www.nih.gov/grants/grantinfo2.chm>

Preline – A comprehensive collection of preventive programs, resources, statistics, and government and private funding  
 HYPERLINK <http://www.health.org>  <http://www.health.org>

Application of Prevention Technologies – Resources and technical assistance for alcohol, drug, and violence prevention.  
 HYPERLINK <http://www.ojjdp.ncjrs.org>  <http://www.captus.org>

U.S. Office of Juvenile Justice and Delinquency Prevention (OJJDP)  
 HYPERLINK <http://www.ojjdp.ncjrs.org>  <http://www.ojjdp.ncjrs.org>

Center for Disease Control (CDC) - CDC Prevention Guidelines Data Base – over 400 documents for the prevention and control of public health threats.  
 HYPERLINK <http://www.cdc.gov>  <http://www.cdc.gov>

Center for AIDS Prevention Studies  
 HYPERLINK <http://www.caps.ucsf.edu>  <http://www.caps.ucsf.edu>

Center for the Study and Prevention of Violence  
 HYPERLINK <http://www.colorado.edu/cspv>  <http://www.colorado.edu/cspv>

## **Emerging Glossary of Prevention Terms**

Below is our initial set of terms related to prevention. This list of terms will no doubt grow or be redefined as we learn how prevention is conceptualized across the many disciplines in the School of Family Studies. I am hoping that students and faculty will add to this glossary as the course evolves. Many of these initial definitions came from Wallace and Hall's Psychological Consultation: Perspectives and applications (1996). I took the liberty of changing some definitions to make them directly applicable to the prevention science.

**Accountability** – The obligation of the preventionist to be answerable and responsible to professional Commitments.

**Advocacy** – An activity in which one individual supports or speaks on behalf of another. Advocates assume the role of supporters of another. Advocates assume the role of supporters to help those who cannot help themselves.

**Assessment** – the multilevel process of collecting information specific to the prevention problem.

**Collaboration** – Cooperation between the preventionist and another party in working toward prevention Goals.

**Consultant** – An individual who provides consultation to consultees. The consultant is assumed to have the expertise and methodological understanding necessary to help consultees resolve concerns of their client or others.

**Consultation** – A two way interaction; a process of seeking, giving and receiving help. Consulting is aimed at aiding a person, group, organization, or larger system in mobilizing internal and external resources to deal with problems (Lippitt & Lippitt, 1986).

**Consultee** – An individual who requests help from a consultant.

**Content Expert** – Someone who shares expertise or information in the problem solving process.

**Contracting** – The process through which a preventionist negotiates and agrees on terms for working together.

**Entry** – The period during which a preventionist comes into the prevention relationship and assumes a formal helping role.

**Evaluation** – Systematic and coordinated inquiries and processes that attempt to determine the positive and negative worth of activities, variables, procedures, and changes.

**Evaluation Design** – The nature or structure of the plan for collecting data about prevention processes.

**Formative Evaluation** – A form of evaluation that examines the ongoing decisions, actions, and processes while they are occurring.

**Goal Setting** – A stage of prevention where plans are devised. Goal setting presupposes the accurate Assessment and diagnosis of prevention problems.

**Intervention** – A planned method or strategy of addressing prevention problems.

**Negotiation** – A practice that entails bargaining where partners that wish to come to an agreement dispute the natures and terms of the agreement.

Power – The ability of one party to influence others to behave in ways that satisfy the individual exerting the power.

Prevention-oriented Consultation – Consultation interventions designed to prevent the recurrence of undesirable conditions.

Prevention Science – Focused primarily on the systematic study of potential precursors of dysfunction or health, called risk factors and protective factors (Coie, et al., 1993).

Protective Factors – Conditions that improve people's resistance to risk factors and disorder (Coie et al., 1993).

Psychoeducation – Refers to the cumulative processes used to teach individuals psychological skills and knowledge so that they can cope efficiently with existing illness or prevent future illness.

Psychological Education – Cumulative processes that teach curriculum that educates people in emotional development, self-esteem, and psychosocial competence.

Qualitative Data – A type of subjective data that provides important generalizations or estimates of quality.

Quantitative Data – Observable, objective, and measurable information that can be synthesized and expressed numerically.

Resiliency - The ability to recover from or adjust easily to misfortune or change; bounce back.

Resistance – Active or passive opposition to the real or anticipated changes accompanying prevention.

Anything that impedes problem solving or plan implementation and ultimately problem resolution (Wickstrom & Witt, 1993). An adaptive process by which people attempt to maintain their equilibrium during time of change.

Risk Factors – Conditions that improve people's resistance to risk factors and disorder.

Science Based Program Criteria – Based on theory; evaluated as a demonstration project and shown to be effective; been replicated with similar results; reported in a peer-reviewed journal.

Social Policy – Government action – in the form of laws and regulations – which is supported through public funds. The study of social policy is the study of what government does, why it does it, and what difference it makes (Wisensale, 2002).

Summative Evaluation – A form of evaluation that focuses on prevention outcomes and goal attainment.

Team Building – A collection of diverse methods that encourage groups to function as teams.

Termination Stage – The end of the prevention process that implies certain roles and functions to effectively exit the prevention intervention.

Training – A structured, planned, instructional process in which learners acquire information or skills intended to enhance their ability to perform their work.